



# The Allgood News



Cobb County Head Start/Pre-K

March 2010



## Center News from the Director

Dear Parents,

Spring will be here before you know it. Remember before you go to bed on Saturday, March 13<sup>th</sup> to set your clocks back one hour. Can you believe we only have 10 more weeks of school left? Soon the children will be looking forward to starting kindergarten.

You will receive information regarding kindergarten registration during your educational home visit. The registration date for Cobb County is March 31 from 8:30 until 11:00 a.m. at your local school. If you are still unsure which school your child will attend, call 770-429-3110 for Marietta City or 678-594-8000 for Cobb County Schools. Families who live in the Cobb County School District with internet access can find out what school their child will attend by going to [www.cobb.k12.ga.us](http://www.cobb.k12.ga.us) and clicking on bus routes.

Do not forget educational home visits will be made this month. If you have not scheduled a time with your child's teacher, please do so as soon as possible. These visits will be informative for you to learn about your child's progress using the Galileo.

Thank you to all the parent and community volunteers. We had a large number of volunteer hours for February. Keep up the good work.

## Policy Council News

A Policy Council meeting was held in Gainesville on February 1 and your Cobb County Head Start/Pre-K representative, Joel Sanjuanico, attended. Thank you to Mr. Sanjuanico for his attendance at these meetings and sharing information at our recent parent meeting. The results of the agency's audit was discussed. The agency is in good financial standing. Danna Lowery, Program Specialist, provided the Council with training on Head Start eligibility, recruitment, selection, and enrollment regulations. The program's recruitment plan and priority grid was discussed and approved. The program will soon begin its recruitment for the 2010-11 school year. All parents are encouraged to assist staff by referring families to the center. The results of the program's self assessment was discussed. Many of the Council members participated in this process and commented they were not aware how much preparation and thought went into the care of the children. The program's self assessment process is very thorough and they are very hard on themselves. Five areas of non-compliance and nine areas of weakness were identified. The program has already begun making corrections/improvements. The plan of improvement was approved by the Council.

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**We are currently taking applications for the 2010-2011 Head Start Program. If you know of anyone who has an eligible 4 year old child, please have them contact us at 770-424-1961.**

## Did You Know?

Zinc and iron are the two nutrients most linked to **brain development**. Children with low iron become tired easily, which can affect their ability to learn. Make certain your child gets enough iron, start by offering meat, dried beans, peanut butter or eggs twice a day. Serve iron fortified breakfast cereal and offer vegetables and fruits high in vitamin C. Foods such as spinach, broccoli, raisins, prunes, oranges, strawberries and melons are high in vitamin C.



### Dora reminds you to include all little explorers in the 2010 Census!

Children have been undercounted in every census since the first one in 1790. Please remember to include all your children when you complete the 2010 Census form.

#### What is the U.S. census?

Every 10 years, the government reports the number of people who live in the United States by conducting a count called the census. This count is required by the U.S. Constitution.

#### Who should be counted?

Everyone—even babies! All infants, children and adults who live in a household should be counted, regardless of nationality, citizenship status, race, age or gender. If you have a baby or toddler in your household, remember to include them in the count.

#### Why is the census important?

Census data are used to determine the number of representatives your state receives in the U.S. Congress, as well as your community's representation in the state legislature. The data are also used to distribute more than \$400 billion in federal funds each year to communities for establishing and improving schools, hospitals, roads and senior services.



10 QUESTIONS, 10 MINUTES FOR A BETTER COMMUNITY.  
2010.census.gov

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## Emergency Evacuation Plan 2010

In case of an emergency which may require the children to evacuate from the Allgood Head Start Building the following will be implemented.

All children will exit through the lower hall rear doors to the playground.

Staff will assist in leading them through the double gates on the playground and down the sidewalk on Pine St. to the Pine Street Baptist church building.

Staff will keep all emergency contact information with the children and contact parents with cell phones.

## IMPORTANT DATES!

**Monday, March 1st** – Educational Home Visits Begin

**Saturday, March 13<sup>th</sup>** – Time Change  
Move clocks ahead 1 hour when you go to bed

**Thursday, March 11<sup>th</sup>** – Men's Health Workshop  
@ 9:30 a.m.  
in the cafeteria  
**National School Breakfast Week**  
–  
**Dads, Come eat breakfast with your child.**

**Thursday, March 25<sup>th</sup>**  
Women's Health workshop  
@ 9:30 a.m.  
in the cafeteria

## Resource for Families

You may have heard of No Child Left Behind (NCLB), but do you understand it? To learn what the federal program means to your little reader's education, visit [www.ed.gov/nclb/landing.jhtml](http://www.ed.gov/nclb/landing.jhtml). Your child may not be in grade school yet, but he will be soon.